

California County Superintendents Educational Services Association

Promoting, influencing, and advocating for high-quality education.

Mental Health Education Instructional Materials Toolkit

Presenter: Jennie Snyder, CISC Chair

Item Type: Action

Recommendation: Approve the addition of the CCSESA logo on the Mental Health Education Toolkit developed by the CA Health Education Community of Practice and the CISC Health Subcommittee.

Background: SB 224 (Portantino), mental health education was written into law in 2021. This bill requires each district, county office of education, state special school, and charter school that offers one or more courses in health education in middle or high school to include robust mental health education that advances students' knowledge and skills on this topic. Since this bill was passed after the most recent Health Framework was released (2019), the CISC Health subcommittee in collaboration with the California Health Education Community of Practice developed a toolkit for districts to use to assess if mental health instructional materials meet the requirements of SB 224. This toolkit will be shared with all LEAs in California during Mental Health Awareness month (May 2022).

Attachments:

Cover page one pager

<u>Middle School (7-8) Instructional Materials Assessment Tool</u> <u>High School (9-12) Instructional Materials Assessment Tool</u>